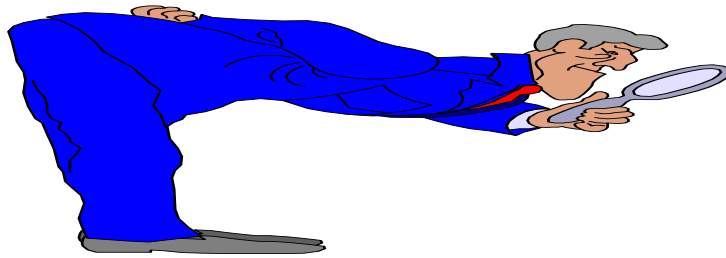


Recovery Scavenger Hunt



*Developed by
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Recovery Scavenger Hunt

The Alcoholics Anonymous & Narcotics Anonymous Scavenger Hunt is designed to help you identify the importance of the AA/NA Fellowships. Please answer the following questions, while in treatment you will need to attend any meetings that are available.

You will find the answers with the AA/NA textbook and from individuals at meetings you attend. Please limit the amount of help you receive from other individual in treatment, this exercise is designed to help you personally develop an understanding of AA/NA. Please write your answer on this paper, and use additional paper if needed, answer all questions completely. Those within recovery that I have talked with highly recommend that you spend time reviewing information you find about sobriety with your sponsor.

1. What are the requirements for membership in AA/NA?
2. How is a traditional AA/NA meeting opened?
3. What is the “meeting before the meeting”
4. What do you look for in choosing a sponsor?
5. Attend a “closed discussion group.” (If you are unable at this time, interview someone in the recovery process with at least one year sober, and develop an understanding of the importance of this meeting)

- A. (If you was able to attend) What meetings was you able to attend, and what did you learn from this meeting?
6. Having a home group is essential in addition to all of the other meets you will choose to attend. Please define how a HOME GROUP will personally benefit you in your recovery?
7. Attend a “Beginner’s Meeting.” (If you are unable at this time, please interview someone in the recovery process with at least one year sober, and develop an understanding of the importance of this meeting)
- A. (If you was able to attend) What meetings was you able to attend, and what did you learn from this meeting
8. What do the initials K.I.S.S. mean? How does this apply to you?
9. What do the AA/NA fellowship members mean when they say, “One Day at a Time.”? How does this apply to you
10. What are the traditional prayers used at the Opening and Closing of a meeting?

11. Write out the First Step, How does this step apply to you?
12. Write out the Second Step, How does this step apply to you?
13. Write out the Third Step, How does this step apply to you?
14. Share something about yourself out loud in an AA/NA meeting.
 - A. In sharing your name to Open Group what did it mean to you?
 - B. What did you share?
 - C. How did it feel to speak up the group?
15. How can AA/NA help you stay clean and sober?

16. Required reading while in treatment ... If you're involved with AA, please read the chapter entitled "How it Works" in the *AA Big Book*. If you're involved with NA, please read the chapter entitled "Who is an Addict" in the *NA Text*.
- A. Not using less than 50 words define how you have personally determined that you are addicted to alcohol or drugs.

In preparation for maintaining your sobriety following discharge from treatment, fill out the schedule below, finding an AA/NA meeting for every day of the week. The NA/AA schedules for your area will be helpful for finding available meetings, and you may want to choose meetings closest to your neighborhood or specialty meetings that apply to you, or meetings that you have heard about from other AA/NA members. Attend as many of these meetings as possible while in treatment, and then decide whether or not continue attending this meeting or whether to find another meeting on that day and time to “try on for size.”

DAY	NAME OF GROUP	LOCATION	TIME	REASON YOU PLAN TO ATTEND THIS GROUP
SUNDAY				
MONDAY				
TUESDAY				
WEDNESDAY				
THURSDAY				
FRIDAY				
SATURDAY				